NorthWest Church of Christ Newsletter

August 16, 2020

A Few Thoughts from a Shepherd

One of the greatest problems resulting from COVID-19 is social isolation. Before, we were regularly around people in workplaces, in stores, and in church gatherings. Now we are often profoundly alone, only with our family (if we live with our family). And always being alone is NOT good for us. One previous study found that significant social isolation was as bad for our health as smoking fifteen cigarettes per day.

What to do? Fortunately, this is a problem that we can ALL do something to fix. We can all reach out safely and "encourage one another daily" (Hebrews 10:25) in creative yet very simple ways. I encourage you to think about someone in the NW family you haven't seen in a while, or someone you know is isolated. Call them on the phone (or better yet, call them with FaceTime or some other video method) and spend some time with them. Or maybe invite one or two other people to your backyard, deck, or porch where you can visit and perhaps share a meal (maybe bring your own food) while maintaining safe social distance.

Imagine how re-connected we could be if we all reached out to just one person every day! Even during the pandemic, we can still enjoy the powerful daily fellowship of believers (Acts 2:42-47)...it just might look a little different for a while. God Bless, Craig McClung

Prayer Requests:

- Johna & Billie Dorries—Continue to keep this sweet family in your prayers.
- ◆ John Ashinhurst—He has been improving and possibly discharged the day of this writing.
- Quinn & Sheila Britt—Quinn went through surgery really well. He is now breathing through/with the ventilator via the trach. They will continue to sedate him over the next couple of days to see how he does with his breathing. Praise God! Please continue to pray hard for Quinn and his family.
- Orlando Carillo—Our missionary in Mexico has asked for prayer on behalf of his wife, Nora. She is experiencing serious problems with her kidneys and complications of diabetes.
- ♦ Kathy Jeffcoat—Thanks for your prayers during my brother in law's hospitalization for Covid. Jim is home and doing fairly well. MS continues to be a challenge.
- Jerry Houston—(Frank Houston's brother) Is in the hospital in Chicago with Covid. Please pray for he and his family and for Frank who can't be with his extended family.
- Cyndi Vice—(Friend of Deric Long) She has recently found out that they have found cancer again, this time in her lymph node in her neck. She is going through more testing to find if it's leftover from her breast cancer from years ago or something new.

FOOD PANTRY NEEDS

If you have grocery bags and are willing to share them, the Food Pantry has a need. Thank you so much for all your help!



Parking Lot Worship—August 30th at 9am

Empowering Subjects Changing the World Like Jesus

If you are interested or would like to know more about Marvin's training program, *Empowering Subjects, Changing the World Like Jesus*, please contact him so he can send you an invitation to the online meeting on Zoom (email: marvin@nwchurch). The first discussion will be Wednesday, September 2nd at 7pm (with a "practice getting on Zoom" at 6 pm).



Drive-In Movie Night August 28th at 8pm

Mark your calendar for a fun night at our own church Drive-In Movie Theater! Free popcorn



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